

Pre-Arrival Patient Checklist: The Essentials

Instructions:

Check off each item as you prepare to visit The Conamara Clinic.

No.	Action	Check
1.	Do I have the Correct Date and Time ?	
2.	Do I know my important Contact Details ? (Such as my phone number, email address, next-of-kin information, my GPs name, etc.).	
3.	Have you brought a form of Personal ID - i.e. Driving Licence / Passport?	
4.	Have I read the Patient Information Booklet ? (This is available online at www.TheConamaraClinic.ie).	
5.	Have I filled out the New Patient Intake Form online? (You received this in your Appointment Confirmation Email).	
6.	Have I sent any Relevant Clinical Documentation to TheConamaraClinic@gmail.com in advance? These include X-rays, MRI scans, referral letters, medications, etc.).	
7.	Have I packed Loose Comfortable Clothing (something that is easy put on, take off and move around in, for example a t-shirt or a string top, shorts, and trainers)?	
8.	Have I prepared a List of Questions I want to discuss during my visit?	
9.	Have I organized a Payment method for the service?	
10.	Have you informed The Conamara Clinic if you have any Flu-like Symptoms, COVID-19 Symptoms , or other indications of ill health in the past 48 hours?	
11.	Am I forgetting Anything Else ? Tick here when you have packed all your normal items for daily living, for example, phone, keys, reading glasses, personal hygiene products, walking aid, hearing aid, a towel if showering, etc. We ask patients to leave valuables at home wherever possible.	

Please don't hesitate to contact us if you have any special requirements while visiting

The Conamara Clinic: (091) 707 848 or TheConamaraClinic@gmail.com.

